



Established 1880

BATH CYCLING CLUB HANDBOOK November 2014

AFFILIATED TO:

- British Cycling (BC)
- Cycling Time Trials (CTT)
- Road Records Association
- Western Time Trials Association
- Western Counties Road Records Association
- In alliance with Sulis Scorpions Youth Cycling Alliance

OBJECTIVES

The promotion of cycle sport, racing and good fellowship.

CLUB RULES

1. The name of the Club to be the "Bath Cycling Club".

2. That the Club be affiliated to such cycling associations as is deemed necessary at the Annual General Meeting.

3. Membership

- a) New Members will be approved by the membership secretary under delegated authority and reported to the committee at the next meeting. All applicants shall sign the membership application form designed for the (On line applications do not require a wet signature). The membership form should point out that applicants cannot race as a member of the Club until their membership application has been accepted. New Members joining after 1st September and paying a full year's subscription shall have all the benefits of the Club until 31st December of the following year.
- b) An Associate Member is a person who wishes to support the interest and welfare of the Club without taking out full membership. Such a member shall not be allowed to ride regularly with the Club, race under the Club's name or vote at meetings.
- c) A person, who is a member of multiple cycling clubs, may elect to be a second claim member of Bath CC, for a reduced membership fee. Second Claim members may not race in the name of the club. A Second Claim member is not eligible to vote at General Meetings, or hold office.

Footnote: A first claim member paying the full membership fee may elect to be considered 2nd claim in whatever race disciplines they choose. They must state this in writing/email to the Membership Secretary. This will not affect their right to vote at General Meetings, or hold office.

- d) Life membership of the Club may be given for outstanding services and may be given at the Annual General Meeting by unanimous vote. Honorary membership of the Club may be awarded by the Committee in recognition of valued association with the Club.
- e) A list of members who fail to renew their subscription by 31st January shall be published and circulated round the membership.
- f) Anyone whose subscription remains unpaid by 28th February shall cease to be a member of the Club.

- g) The annual membership subscription rates shall be decided at the Annual General Meeting.
- h) Application/membership renewal forms and subscriptions are to be forwarded to the Membership Secretary, who will pass all monetary receipts and balance sheet of receipts to the Treasurer.
- i) Any member acting in a manner objectionable or contrary to the interest of the Club shall be called upon by the Committee for an explanation and if he/she fails to justify himself/herself the Committee shall have full power to expel him/her, but the member shall have the right to appeal at a general meeting.

4. Committee

- a) The Committee of Management shall be responsible for managing the Club's programme in accordance with the Club's rules, custom and practice.
- b) The Committee of Management shall consist of: General Secretary, Treasurer, President, Chairman, Vice Chairman, Club Captain, Off Road, Time Trial & Road Race Secretaries, Youth Officer, Club Welfare Officer(s), Membership Secretary and Webmaster plus two other first claim members who hold no other committee positions.
- c) The members of the Committee of Management must be either first claim or life members of the club.
- d) Titles and names of current Committee of Management will be published in the Club Magazine and on the Club's website.
- e) A quorum will be formed by a Chairman and 5 other members.
- f) Any club member may attend committee meetings, but only the Committee of Management shall have voting rights at such meetings.
- g) In the absence of both Chairman and Vice Chairman, the most senior member of the Committee will be asked to take the chair.
- h) The Committee of Management shall have the power to add to their members for special purposes, and to form sub-committees, and to fill any vacancies that may occur in their numbers during their term of office.
- i) The Committee of Management shall have the power to temporarily vary the custom and practice of the Club during the year should the Committee find this necessary.
- j) The Committee of Management may appoint club officials, or delegate others to delegate club officials.
- k) The Committee of Management shall meet as frequently as required to discuss and vote on club matters.
- l) The Agenda for Committee of Management meetings should be: - 1. Minutes of the previous meeting. 2. Matters arising. 3. Correspondence. 4. Reports from Club Officers. 5. Any other business (at the discretion of the Chairman).
- m) The Committee of Management have full power to expend the monies of the Club in the best interests of the Club.

5. Annual & Special General Meetings

- a) The Annual General Meeting of the Club shall be held in November for the presentation of reports and accounts and for the election of Committee of Management, and delegates to the organisations that Bath CC affiliates to. The end of the Club's financial year shall be the 30th September.
- b) A Special General Meeting shall be called on a requisition signed by not less than ten members, the requisition to state clearly the nature of the business.
- c) Not less than seven days notice of an Annual General Meeting or Special General Meeting shall be given.
- d) A majority of those voting at a general meeting shall be necessary to effect any alterations in the Club's rules or the Club's custom and practice.
- e) No permanent alteration, amendment or addition shall be made in any of the Club's rules or regulations or to the Club's custom and practice except at the Annual General Meeting of the Club, or at a Special General Meeting convened for the purpose.

- f) Notice of any proposed alteration, amendment or addition is to be sent to the General Secretary fourteen days previous to the meeting and details of such proposals shall appear on the agenda of such a meeting. This procedure shall apply equally to proposals made by the Committee. Amendments to proposals may be tabled at such a meeting if they do not alter the principle of the proposal.

6. Club awards & records

Members may only compete for club trophies or records in a race discipline for which they have chosen to **compete** 1st claim for Bath CC.

Club Kit

Clothing sold in club colours through the club will be available in both male and females sizes and will be sold at the same price, irrespective of the suppliers charges.

Club Equipment

Club assets and equipment held for the promotion of club events is to be collected and signed for by the organizer from the designated keeper(s). The equipment/assets are to be returned and signed back to designated keeper(s) shortly after the completion of the event for inspection, maintenance or repair. Any known damage or loss is to be recorded and reported to the designated keeper(s) for the club to make good before the next usage at club events.

REGULATIONS

1. The racing colours of the Club shall be dark blue, maroon and white.
2. A member of the club competing in an event in the name of the club must be a first claim member of the club with respect to that discipline.
3. Club championships are only open to first-claim members of the Club except the evening points system, which is open to second claim members. The Club's Best All-Rounder competition shall be run over 25, 50, 100 miles and 12 hours. Any Bath Cycling Club event, open event or association shall count.
4. Current BC and CTT upper age limits shall apply to Juniors while competing in their qualifying rides for the Club Junior Championship, Junior Best All-Rounder and Junior Mass Start Championship.
5. Prizes given for open time trials promoted by the Club shall be at the discretion of the event promoter subject to the general approval of the Committee.
6. The Club does not normally undertake to pay travelling expenses to any member for carrying out voluntary club activities. In some cases a payment may be made if sanctioned by the committee. The rate or amount of reimbursement is to be decided according to the circumstances at the time.

THE CLUB BADGE

The badge is available to order.

RULES OF THE ROAD

Bath Cycling Club Runs (i.e. groups of Bath Cycling Club riders cycling from place to place) are those which are published in the Club's literature and which conform to our insurance company's rules for club runs. See Notes below:

Note 1. To qualify for cover under the Club's insurance policy as a Bath Cycling Club Run the Club Run Leader must take a register of those people taking part in the club run. Prospective members of the Bath Cycling Club will be welcome on Bath Cycling Club Runs. Prospective members are

people who have asked Club Run Leaders if they can accompany the Club on its runs. They are welcome on five occasions after which they should join the Club if they want to continue to join in our Club Runs. The Club also welcomes members of other Cycling Clubs on its Club Runs but if they wish to do this on more than five occasions they should join as second claim members. The Club's insurance policy covers it for up to five invitees per ride. The Club cannot prevent other non-members from joining our Club Runs but our insurance policy does not cover this and they are therefore unwelcome.

Note 2. Club members are strongly advised to take out their own insurance policy and we recommend doing this through British Cycling or the Cycling Touring Club.

Club Members and their guests must comply with the law at all times when taking part in any Club Runs.

Members taking part in a Club Run do so at their own risk.

CLUB HISTORY

The Bath CC is one of the oldest cycling clubs in the country, having been formed in 1880 during the "Penny Farthing" era. It began as the Bath Ariel Rowing and Bicycle Club. Four years later the cyclists broke away from the rowers and changed the name to the present one. The reason for the break seems to have been that the cyclists' wanted to run road races which at the time were greatly frowned upon. A prime mover in the break was Harry Frampton who became secretary the following year, a post he held for 45 years.

The first year after the break was a rather shaky one, the club finishing in the red to the tune of £4, which was a considerable sum at the time. From then on things rapidly improved and over the next few years the Bath CC was built up into one of the most prosperous cycling clubs in the country. Frampton was a most capable man of business and under his efforts the membership gradually increased. Socially prominent Bathonians were persuaded to become Vice Presidents and in the next decade, in addition to town councillors and MPs, the club boasted such assorted luminaries as the cricketer W G Grace, the Marquis of Bath and the Bishop of Bath and Wells.

From 1885, Frampton took on the running of the club's "Athletic Festivals" held in August. These had been organised from 1881 with moderate success. Now, under Frampton's energetic management, they blossomed out from being purely local affairs to meetings of national stature in spite of being on a grass track. The main attraction was the "Five" with which the meeting traditionally ended. For this event Frampton managed to provide a seemingly endless series of valuable challenge cups. The club has one memento from this era, the "Tempest Plate". This is a massive silver salver and wine ewer given to the club in 1897 to celebrate Queen Victoria's Diamond Jubilee. A number of good riders were attracted to the club such as the Sleightholm brothers and S W Alexander and a number of local championships were won for the club.

Following the break with the rowers, the club began to run four or five road races a year at distances from one mile to fifty. There was also a 12hour race. The club's road races were well conducted and there were good relations with the local police. The club did not, therefore, suffer the problems that beset the London clubs. Nevertheless, it could not hold out against public opinion in the cycling world and in 1901 voted to change over to Time Trials.

Like other established clubs, the Bath CC rose to great heights of prosperity and social standing during the cycling boom of the 1890s. The Athletic Festivals became one of the focal points of town's social year and made substantial profits. In the Victorian charitable tradition, the club also started an "Old Folks Dinner" for the poor people of the town and this continued until the First World War. Although the club's prosperity continued right up to the war, there were disquieting signs. The social side of things started to take precedence over actively riding the bike and a motor section was formed!!

During the war, there was initially an attempt to carry on as usual and the committee threw itself energetically into promoting the formation of a military motor cycle body and a company of the Athletic Volunteer Force. However, when conscription came in, activity contracted and eventually drifted to a care and maintenance basis.

A very different world awaited members returning from the conflict. Inflation had devastated the funds and the club organisation had to be built up again. Fortunately the promotion of a "Victory Sports" made a substantial profit which helped the club to get back into its stride. However, the pre-war social level was never to be recaptured and although the club was to thrive between the wars it was a "Silver Age" compared to the "golden Age" of pre-war.

Time trialling flourished. In 1919 an open 50 mile event was started that was to become a West Country classic and in 1923 the club joined the newly formed Road Racing Council. Grass track racing, too, retained its popularity and the club's riders competed at most local sports and flower

shows. The Athletic Festivals now known as the August Sports had been successfully restarted after the war and attracted stars of the period. There was still considerable social activity and Bohemian Concerts, Ladies Days, Whist Drives and Lantern Lectures continued to be run. There had been trouble with the motor section though and in 1928 it was finally wound up. In 1927 the famous pre-war rider G P Mills came to live in Bath on his retirement and the club felt it a great honour when he consented to become President.

In 1929, the club, which until then had been all male, finally moved with the times and agreed to admit female members. The following year the club was saddened by the loss of Harry Frampton who had remained secretary until he died. It was not the only loss the club sustained that year for, after having been competed for since 1911, the club's last pre-war challenge trophy, the Dunlop Gold Cup, was finally won outright by Jack Sibbit of Manchester Wheelers. Sadly the club could no longer afford to replace it. The 1930s were a golden age for record breaking and this had its effect on the club. Two new routes were established, Bournemouth and back and Salisbury and back and there was a spate of record attempts by club members. Time trialling was going from strength to strength and when in 1937 the Road Racing Council reconstituted itself as the RTTC the Bath CC quickly joined.

Immediately on the outbreak of World War II, the club adopted a policy of keeping going as long as possible. This was extremely successful. Members in the Forces were excused subscriptions and efforts were made to keep in touch. There were difficulties in running club dinners but these were surmounted and there were even innovations. In 1941 a veterans 25 was run for riders too old for active service and in 1943 there was a Whit Monday Sports held in response to the government's "Holidays at Home" campaign to keep up civilian morale. The following year a 50km closed circuit mass start race under NCU rules was started in the Victoria Park in response to the same call.

After the war there was a surge of interest in bicycle polo and the club ran teams for a number of years. In 1945 the RTTC had started to run National Championship time trials and the following year the club promoted the Championship 50 won by Albert Derbyshire. The club also affiliated to the Youth Hostels Association. All was not well, however, and at the 1947 AGM the proposition was made that the club be disbanded. This seemed to jerk people to their senses and from then on things began to improve again. In 1952 junior championships were introduced and in 1953 the club gave way to the pressure of its more adventurous members and affiliated to the British League of Racing Cyclists. This was the start of a great period for the club but was, sadly, to see the last of a long series of August Sports Meetings in 1955. On the 1st May 1960 to celebrate the Club's 80th anniversary the Bath CC promoted an Olympic selection Four-up time trial over 53 miles.

In 1987 the club was entrusted with the RTTC National 100 mile Championships. This time the Mens' 100 was won by Ian Cammish in 3 hours 48mins 39secs and Women's 100 was won by Christine Spotswood in 4 hours 13 mins 11 secs.

On 28th March 2010 the Bath CC promoted Round 1 of the National Rudy Project Hilly Series. The headquarters was the Frome Football Club and the course of some 24 miles went through Maiden Bradley and Mere before climbing over the Deverills, much of the route used for the Club's hilly event over many years. The event consisted of Disabled, Veteran, Women, Juniors and Senior and was very successful calling on some 40 members to ensure this success. Overall winner was Matt Bottrill, in 57m 3secs, who went on to win the overall series. The women's event was of a particularly high standard including Lynn Taylor double Lands End to John O'Groats record holder, Olympic gold medallist Rebecca Romera and the winner, multi Paralympian Sarah Storey in 60m 45secs.

Club Trophies 2014

Time Trial trophies

Les Vince Trophy (Traders Cup). To the fastest Bath CC rider in the 25 mile event nominated by the committee.

Les Vince Cup (Veterans Traders Cup). To the fastest Bath CC vet. on std. in the event nominated by the committee.

J.W. Coombs 50 Mile Cup. For the fastest 50 mile TT of the year.

Hill Climb Cup. To the winner of the club hill climb

George Carter "25 Cup." To the fastest Bath CC rider in the autumn 25.

George Carter "12" Hour Cup. To the rider with the greatest distance of the year.

S.R.Lewin 25 Cup. To the fastest Bath CC rider in the nominated event.

P.C.Mortimore "Short Distance Best All Rounder Cup". To the Bath CC rider with the best average over 10; 25 & 50 mile TTs on west DC courses.

Mike Hurley Cup. To the fastest Bath CC veteran on std. in the open 10.

R.Barrar Championship Cup. To the Bath CC rider with best average speed at 50; 100 miles & 12 Hours. (If no rider finishes a 12 hr. then best at 25, 50 & 100 miles will be used).

Jack Lauterwasser Rose Bowl To the Bath CC rider with the Best six ten mile T.Ts on average.

Roye Wheeler Cup To the Bath CC rider with the fastest 25m T.T. of the year.

Mrs. Perry 100 Cup. To the fastest club rider in a 100 mile T.T.

Arthur Curtis Deep Bowl. Awarded to the rider with the best average time on handicap. in the "Best 6 Tens" competition.

Ladies only Time Trial trophies

Ladies Best All Rounder Cup. To the Bath CC lady with the best average speed over 10; 25 & 50 mile T.T. (Including club events)

Ladies Championship Cup. Awarded for the fastest 25 by a Bath CC lady .

Age restricted time trial trophies

John Bull Shield Awarded to the Bath CC veteran with the best vets. plus at 10; 25 & 50 miles on west DC courses.

Tony Mitchell Shield. For the best Bath CC veteran on standard in the autumn 25

Morley Brice Shield. Awarded to the winner of the points championship.

Road Race Trophies

The “Arthur Curtis Shallow Bowl”. To the rider with the best Road race result of the year. (formerly awarded to the winner of the Hilly 19).

The “Ron Woodham Road Race Shield” Awarded to the rider with most road race points.

The “Whiting Cup” To the Bath CC junior with the most road race points

Other awards

CycloCross Trophy (Formerly Medium gear cup)

J.W. Coombs Meritorious Service Cup. At the discretion of the committee for outstanding services to the club.

The “Tempest Plate & Chalice”. Awarded at the discretion of the committee for an outstanding performance, with a bias towards longer distances.

The “Simon Hudson Trophy”. This is the **“Clubrun Champion Cup”** Awarded to the Bath CC rider with the best club-run attendance of the year.

Trophies not currently in use

The “Ron Woodham 1 Mile Grass Track Championship” Last held in 1970

Don Stagg Trophies .Awarded to the winners of the late summer “Don Stagg” 2 up team time trial.

Jack Gray Bournemouth and Back Shield” Awarded to the rider holding the record on 1st. November of any year.

Pair of Goblets. To the winning Bath CC pair in the early summer 2 up team time trial.

Pair of Cups. To the Bath CC pair finishing second in the early summer 2up TTT

CLUB RECORDS

The current Club Records are published on the Club Website www.bathcc.net and the Club has a book of all the records since the Club began. There are Women's Records for 10, 15, 25, 30, 50, 100 miles and for 12 and 24 hours. There are Men's Records for 10, 25, 30, 50, 100 miles and for 12 and 24 hours. There are Team Records for 10, 25, 30, 50, 100 miles and for 12 hours and 24 hours (no current record). There is also a 100 kilometre Team Trial Record.

Place to Place Record

There are the following men's, women's and tandem Place to Place Records:

Bath (Head Post Office) to London (Hyde Park Corner) and back.

Bath (Head Post Office) to Bournemouth (bottom of Christchurch Hill) and back.

Bath (Head Post Office) to Oxford (Head Post Office) and back.

Bath (Head Post Office) to Salisbury (Fisherton Street Clock Tower) and back.

Place to Place Record Regulations

1. A suitable award (at the discretion of the Committee) will be presented to any rider who beats a previous record.
2. RRA Regulations must be adhered to.
3. A statement by the timekeepers and independent turn marshals must be forwarded to the General Secretary within 14 days of a successful attempt.
4. The General Secretary shall produce at the club monthly committee meeting for approval or otherwise all claims for ratification.

Bath Cycling Club Rules/Guidelines for Club Runs

While riding with Bath Cycling Club we would respectfully request you adhere to the following rules:

- Please do not overtake the Run Leader (RL) except with their express permission such as on long climbs where you are expected to wait for other riders at the top of an incline or where you wish to discontinue your ride. If you are a strong rider, the RL may invite you to the front of the group to assist with the pace.
- Ride no more than two abreast and ride in single file on the command of the RL or rider at the back of the group. This should be accomplished by the outside rider falling in behind the rider on their inside.
- Always inform the RL if you wish to discontinue your ride.
- Try to stay together as a cohesive group which is more visible and takes up less of the road. Less able riders must never be abandoned by Club members.
- Each group should normally have no more than 10 riders; the RL will designate secondary groups as appropriate that must remain at least 100 metres behind the leading group.
- Obey the rules of the road, infringements may result in riders being asked not to accompany the Club
- Leave a safe distance between you and the rider in front of you as many accidents occur due to "touching" wheels.
- Wherever possible try to avoid disrupting Club runs by riding in groups beneath or above your ability; the Run Leader's advice should be sought if in doubt.
- The Club Captain and designated RL's decisions on matters of riding discipline should be final and respected
- Club runs must never be used as competitive "races". Please consult members of the Committee if you would like advice on racing

Groups:-

Fast, 18mph, fit riders experienced in road racing or fast time trial riders and sportives.

1st Medium, 15-16mph, competent, fit riders who occasionally compete in road races, time trials sportives or Audax events.

2nd Medium 14 -16mph, competent, fit riders of mixed ability.

Social 12 – 13mph new older/young/returning riders who are reasonably fit or recovering from injury capable of 45 – 55 mile rides.